

附表二十六之四 PCDAI (Pediatric Crohn's disease activity index)

History (Recall, 1 week) 病史(過去一周)					
Abdominal Pain 腹痛					Score 分數
0 = None 無	5 = Mild: Brief, does not interfere with activities 輕微: 短暫, 不影響活動		10 = Moderate/ Severe: Daily, longer lasting, affects activities, nocturnal 中度/嚴重: 每天, 持續較長時間, 影響活動, 夜間痛		
Patient Functioning, General Well-Being 病人的功能、一般健康狀況					Score 分數
0 = No limitation of activities, well 活動自主, 狀況良好	5 = Occasional difficulty in maintaining age-appropriate activities, below par 維持該年齡應有的活動偶爾會有困難, 低於平均值		10 = Frequent limitation of activity, very poor 活動經常受限, 非常虛弱		
Stools (per day) 糞便(每天)					Score 分數
0 = 0-1 liquid stools, no blood 0-1次流質糞便, 沒有血絲	5 = Up to 2 semiformal with small blood, or 2-5 liquid 最多2次的半成形及輕微血絲糞便, 或是2-5次流質糞便		10 = Gross bleeding, or ≥ 6 liquid, or nocturnal diarrhea 血便, 或多於6次流質糞便, 或夜間腹瀉		
Laboratory 檢驗值					
HCT 血比容					Score 分數
< 10 years (Male and Female): < 10 歲 (男/女)			11-14 years (Male): 11-14 歲 (男)		
0 = > 33%	2.5 = 28%-32%	5 = < 28%	0 = $\geq 35\%$	2.5 = 30%-34%	5 = < 30%
11-19 years (Female): 11-19 歲 (女)			15-19 years (Male): 15-19 歲 (男)		
0 = $\geq 34\%$	2.5 = 29%-33%	5 = < 29%	0 = $\geq 37\%$	2.5 = 32%-36%	5 = < 32%
ESR 紅血球沈降速率					Score 分數
0 = < 20 mm/hr	2.5 = 20-50 mm/hr		5 = > 50 mm/hr		
Albumin 白蛋白					Score 分數
0 = ≥ 3.5 g/dL	5 = 3.1-3.4 g/dL		10 = ≤ 3.0 g/dL		
Examination 檢查					
Weight 體重					Score 分數

0 = Weight gain or voluntary weight stable/loss 體重增加， 或刻意維持的體重/刻意減重	5 = Involuntary weight stable, weight loss 1%-9% 非刻意維持的體重，體重降低1%-9%	10 = Weight loss \geq 10% 體重降低10%	
Height at Diagnosis 診斷時身高			Score 分數
0 = < 1 channel decrease < 1 間距(channel)減少	5 = \geq 1, < 2 channel decrease < 2 間距(channel)減少	10 = > 2 channel decrease > 2 間距(channel)減少	
Height at Follow-Up 追蹤時身高			Score 分數
0 = Height velocity \geq -1 SD 身高生長速度 \geq -1 個標準差	5 = Height velocity < -1 SD, > -2 SD 身高生長速度介於-1~-2 個標準差	10 = Height velocity \leq -2 SD 身高生長速度 \leq -2 個標準差	
Abdomen 腹部			Score 分數
0 = No tenderness, no mass 沒有壓痛、沒有腫塊	5 = Tenderness or mass without tenderness 有壓痛，或有不痛的腫塊	10 = Tenderness, involuntary guarding, definite mass 有壓痛，觸診時不自主的防衛，有明顯的腫塊	
Perirectal Disease 直腸周邊的疾病			Score 分數
0 = None, asymptomatic tags 沒有，無症狀的贅瘤(表皮小肉球)	5 = 1-2 indolent fistula, scant drainage, no tenderness 1-2 個不痛的瘻管，少量流出分泌物，沒有壓痛	10 = Active fistula, drainage, tenderness, or abscess 活動性瘻管，有流出分泌物，有壓痛或是膿瘡	
Extraintestinal Manifestations 腸道外症狀			Score 分數
(Fever \geq 38.5°C for 3 days over past week, definite arthritis, uveitis, E. nodosum, P. gangrenosum) (在過去一周發燒 \geq 38.5°C 至少3天，關節炎，虹彩炎，結節性紅斑(Erythema nodosum)，壞疽性膿皮症(pyoderma gangrenosum))			
0 = None	5 = 1	10 = \geq 2	
Total Score 總分:			